

EDMONTON MASTERS CYCLING CLUB
CODE OF CONDUCT
January 2009

Please read the following Code of Conduct before submitting your EMCC membership application.

GENERAL

- All members are expected to be aware of the Code of Conduct, and to abide by the rules of the Edmonton Masters Cycling Club.
- Approved hard-shell helmets must be worn at all times during EMCC rides and events.
- The Executive may refuse or suspend membership to individuals who do not adhere to the Code of Conduct or abide by the rules.

CLUB RIDES

- Arrive early enough to LEAVE at the scheduled time.
- Ensure your bicycle is in good working order.
- Come prepared to be self-sufficient: spare tire/tubes (unpunctured, with adequate valve stem length for your rims), a working pump, adequate food and drink, appropriate clothing.
- Ride with the group that best matches your fitness and ability.
- No more than 12 riders per group; groups leave and ride separately.
- Obey all traffic control devices and traffic laws.
- Respect the rights of all other road users.
- Always ride with an emphasis on individual and group safety – ride defensively.
- Cross major highways as a group: the group must wait for an adequate gap in traffic, and then cross as a group.
- Never ride more than two-abreast, single-up whenever appropriate.
- Stay with the group. If you have to stop or turn around for any reason, TELL SOMEONE.
- In case of mechanical problems, move OFF the highway and wait for the affected rider(s).

VOLUNTEERING

- Each member is required to volunteer for at least one official position at EMCC races in order to be eligible to participate in the club races.
- If you do not fulfil your volunteer requirement in any one year you will not be eligible to race the following year until you have completed your volunteer duties from the previous year.
- The required volunteer commitment is to assist at not less than:
 - One race as the race director (responsible for running the race and supervising other volunteers who are helping at the race), OR:
 - Two races for other volunteer positions (assisting the race director).
- Your volunteer commitment must be registered with the Volunteer Coordinator for the current racing season prior to racing your first event.
- Volunteer commitments will NOT be accepted at events.
- If you are unable to fulfill your commitment, it is YOUR responsibility to find a replacement.

RACING

- Refer to the event guide (posted on the EMCC web page) for details on each event.
- Park where indicated on the event guide.
- Arrive in time to sign on AT LEAST 10 minutes before the scheduled start time.
- Safe Riding:
 - Obey all traffic control devices and traffic laws; NEVER cross the centreline.
 - Respect the rights of all other road users.
 - Always ride with an emphasis on individual and group safety – ride defensively.
 - Never ride more than two-abreast, single-up whenever appropriate.
- Sportsmanlike Conduct:
 - Display good sportsmanship at all times.
 - Never bother the timekeeper/judge for your time or place until the event is over.
 - Do not abuse the volunteer officials.
- Penalties for unsafe riding and unsportsmanlike conduct: first offence – warning; second offence – loss of all BAR points to date; third offence: loss of all BAR points and suspension from EMCC events to year-end.
- Register any complaints or protests regarding the event with the race director on the night.
- Any rider who has been assessed a penalty by the race director may appeal that penalty in writing to the Executive within 24 hours, who shall render the final decision prior to the next scheduled race.
- Report any errors with race results to the EMCC Events Director as soon as possible.

OFFICIATING

Race Director:

- Acquire the EMCC race bag prior to the event.
- Ensure that the appropriate start/finish sheets, safety equipment and other equipment necessary for the race are available.
- Be familiar with the format and requirements of the race as per the event guide.
- Arrive at the race site at least one hour before the scheduled start time.
- Assign other volunteer duties.
- Assess any penalties for unsafe riding and unsportsmanlike conduct.
- Deal with any complaints or protests.
- Provide a copy of the results, details of any penalties that have been assessed, and details of any complaints or protests to the EMCC Events Director as soon as possible.
- Pass the EMCC race bag on to the next race director.

Other Volunteers:

- Report to the race director at least 30 minutes before the scheduled start time.
- Marshals are only responsible to indicate the course to the riders; it is the riders' responsibility to know and follow the course, and to ride safely.
- Marshals have no authority or responsibility to direct or control traffic on public highways in any way.
- All volunteers should report any instances of unsafe riding, especially crossing the centreline, to the race director.